



WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English
LUNCH	<p>Pulled pork with sage and apple in cider sauce, buttered new potatoes, seasonal vegetables</p> <p>Apple and cherry crumble or summer fruit compote</p>	<p>Cottage pie topped with mash potato and seasonal vegetables</p> <p>Gateaux or apple fool</p>	<p>Roast pork with crackling, stuffing, cauliflower cheese, roast potatoes with seasonal vegetables</p> <p>Bread and butter pudding or poached fruit with custard</p>	<p>Sweet and sour chicken with rice and vegetables of the day</p> <p>Lemon meringue pie or lemon possett</p>	<p>Fisherman's pie with creamy mashed potato and vegetables</p> <p>Poached pear in port reduction or vanilla mousse</p>	<p>Lamb moussaka, diced potato and seasonal vegetables of the day</p> <p>Treacle tart or toffee mousse</p>	<p>Roast turkey with stuffing, roast potatoes and seasonal vegetables</p> <p>Banana bread with cream</p>
SUPPER	<p>Cheese and tomato pasta bake and soup of the day with warm, crusty bread</p> <p>Crème caramel</p>	<p>Frittata syle spanish omelette with peeled plum tomato and soup of the day</p> <p>Fruit salad and custard</p>	<p>Baked salmon with creamy pesto topping, croquette potato and soup of the day</p> <p>Lemon roulade</p>	<p>Poached egg florentine with steamed, crushed potato and soup of the day</p> <p>Sticky toffee pudding</p>	<p>Mild chicken curry with rice or chips</p> <p>Chocolate gateaux</p>	<p>Spring vegetable risotto and garlic bread</p> <p>Semolina pudding</p>	<p>Tuna pasta bake with mixed salad</p> <p>Profiteroles with chocolate sauce</p>



WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English
LUNCH	West Country sausage and apple casserole with sauteed potatoes and vegetables Chocolate brownies or chocolate mousse	Beef meatloaf with steamed, buttered, new potatoes and seasonal vegetables Lemon drizzle cake or orange possett	Roast chicken with stuffing, roast potatoes and vegetables Steamed syrup sponge pudding or puréed sponge	Steak and ale pie with creamy mashed potato Pear and ginger crumble or puréed fruit crumble	Fishcakes with hollandaise sauce, chips and seasonal vegetables Bakewell tart or puréed peach with custard	Quiche lorraine with mediterranean stuffed courgette and seasonal vegetables Poached fruit	Roast lamb with all the trimmings including crispy roast potatoes and veg of the day Strawberry cheesecake or pureed banana custard
SUPPER	Macaroni cheese and garlic bread Fruit salad	Veggie burgers and chips and gravy Artic roll	Baked fish in lemon and butter sauce, crushed potato and veg Cheesecake	Homemade scotch egg with new potatoes Baked egg custard	Bangers and mash with minted peas Gateaux	Pilchards on toast A selection of favourites	Soup and assorted sandwiches Mousse and jelly



WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English	A selection of cereal, toast, tea and coffee, porridge and full English
LUNCH	Beef bourguignon with dauphinoise potato and seasonal veg ----- Fruit trifle	Chicken in red wine sauce with dumplings ----- Blueberries and vanilla ice cream with chocolate sauce	Roast beef with seasonal vegetables ----- Sticky toffee puddings with custard	Sausage and onion pie with seasonal vegetables ----- Fruit flan	Fish pie with herbed seasonal vegetables ----- Bread and butter pudding	Fragrant chicken curry with rice ----- Mandarin cheesecake	Glazed gammon and new potatoes ----- Pear crumble with squirry cream
SUPPER	Goey macaroni cheese with ham ----- Peach cobbler	Broccoli and bacon hash ----- Cream tea	Responsibly sourced fish fingers with tartare sauce ----- Apple pie	Loaded sweet potato bake ----- Artic roll	Gnocchi in creamy red pepper pesto with mediterranean roasted veg ----- Strawberry bavaois	Bacon and cheese turnovers with sautéed potato ----- Bread and butter pudding	Cheesy Welsh rarebit with fresh salad ----- Strawberries with clotted cream